



- ◆ 체형교정
- ◆ 다이어트
- ◆ 척추측만교정
- ◆ 재활 필라테스
- ◆ 임산부 필라테스
- ◆ Reformer Pilates
- ◆ Chair Pilates
- ◆ Flying Yoga
- ◆ Vinyasa Yoga
- ◆ Therapy Yoga

1:1 개인레슨 | 2:1 듀엣레슨 | 그룹레슨

GROUP LESSON

Opening Special
5 Intro **\$120**

1 Session **\$35**
5 Sessions **\$150**
10 Sessions **\$260**

DUET LESSON
*per person

Opening Special
3 Intro **\$120**

1 Session **\$60**
5 Sessions **\$275**
10 Sessions **\$500**

PRIVATE LESSON

Opening Special
3 Intro **\$165**

1 Session **\$80**
5 Sessions **\$375**
10 Sessions **\$700**



wellfit_pilates

웰핏 필라테스

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- La Mirada** 14744 Beach Blvd., La Mirada, CA 90638
- Buena Park** 7601 Commonwealth Ave., Buena Park, CA 90621
- Newport Beach** 1200 Quail St., #160, Newport Beach, CA 92660

www.wellfitpilates.com

FREE GROUP Trial Coupon
*restrictions may apply
*appointment only